

## ADULT SERVICES PROGRAM OVERALL

**Objective:** Provides various services to the mentally ill and homeless mentally ill.

**Administering Agency:** NYS Office of Mental Health

**Specific Program URL:** NA

**NYS Object Code:** Varies

**Year Established:** Varies

**Catalog of Federal Domestic Assistance No.:** Varies

**Legal Authority:**

**Law:** NY Mental Hygiene Law

**Regulation:** NY Codes, Rules and Regulations

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**Eligibility:** Counties and Private Non-Profit Groups.

**Type of Program and Special Restrictions:** Optional, but once chosen subject to mandated State and Federal requirements. Funds must be expended in accordance with approved contract/approval letter and budget. If program is funded with Federal block grant funds, those funds cannot be used for: inpatient services; the purchase or improvement of land; the purchase or construction of buildings; the purchase of major medical equipment; to satisfy any requirement of the expenditure of non-governmental funds as a condition for the receipt of Federal funds; or for financial assistance to any entity other than a public or non-profit private corporation.

**Action Required to Receive Aid:** Application for aid required.

**Description of Aid:**

**Flow of Funds:** Federal to State to Local; State to Local. Monies are provided in advance and/or as a reimbursement.

**Type of Aid:** NA

**Formula:** Varies

**Matching Requirement:** For certain funds.

**Maintenance of Effort:** For certain funds.

**Amounts Appropriated:**

	<u>Federal Funds*</u>	<u>State General Funds</u>	<u>State Spec. Rev.</u>
SFY 04-05	32,094,000	589,925,800	48,200,000
SFY 05-06	32,749,000	623,708,000	55,134,000
SFY 06-07	32,663,000	669,195,300	64,212,000

**Amounts Disbursed:**

	<u>Federal Funds*</u>	<u>State General Funds</u>	<u>State Spec. Rev.**</u>
SFY 04-05	32,094,000	576,838,400	49,137,400
SFY 05-06	32,749,000	610,667,100	56,550,300

\*Amounts appropriated and disbursed are from multi-year Federal grants, portions of which involve capital funding which can be disbursed over a seven year period.

\*\*Includes a revolving SRO for the Medication Grant Program.

## ADULT SERVICES: CASE MANAGEMENT

**Objective:** Provides various services to the mentally ill and homeless mentally ill.

**Administering Agency:** NYS Office of Mental Health

**Specific Program URL:** NA

**NYS Object Code:** NA

**Year Established:** Varies

**Catalog of Federal Domestic Assistance No.:** Varies

**Legal Authority:**

**Law:** NY Mental Hygiene Law

**Regulation:** NY Codes, Rules and Regulations

**Program Contact:**

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**Eligibility:** Counties and Private Non-Profit Groups.

**Type of Program and Special Restrictions:** See Adult Services Program Overall.

**Action Required to Receive Aid:** See Adult Services Program Overall.

**Description of Aid:**

**Assertive Community Treatment (ACT) Teams**

ACT Teams provide intensive treatment and support to people with psychiatric disabilities. The focus is on the improvement of an individual's quality of life in the community and reducing the need for inpatient care, by providing intense community-based treatment services by an interdisciplinary team of mental health professionals.

**Case Management**

Activities aimed at linking the consumer to the service system and at coordinating the various services in order to achieve a successful outcome. The objective of case management in a mental health system is continuity of care and service. Services may include linking, monitoring and case-specific advocacy.

**Intensive Case Management/Supportive Case Management/Blended Case Management Emergency and Non-Emergency Service Dollars**

Services consistent with a consumers treatment plan, designed to be flexible and responsible to current individual needs. These services may include emergency services, both immediate and not immediate. The emergency dollars aimed at meeting immediate basic needs of the consumer to include transportation, medical/dental care, shelter/respice/hotel, food/meals, clothing, escort and other. Service dollars may also include furnishings, utilities, tuition, job related costs, job coaching, education, vocational services, leisure time services and others. This program does not include agency administration. Agency administration costs allocated to the operating costs of this program via the Ratio Value allocation methodology are redistributed to other OMH programs in the CFR.

**Amounts Appropriated and Disbursed:** This Program is appropriated as part of one or more larger lump sum appropriations each year. See Adult Services Program Overall.

## ADULT SERVICES: COMMUNITY SUPPORT PROGRAM

**Objective:** Provides various services to the mentally ill and homeless mentally ill.

**Administering Agency:** NYS Office of Mental Health

**Specific Program URL:** NA

**NYS Object Code:** NA

**Year Established:** Varies

**Catalog of Federal Domestic Assistance No.:** Varies

**Legal Authority:**

**Law:** NY Mental Hygiene Law

**Regulation:** NY Codes, Rules and Regulations

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E-Mail: NA

**Eligibility:** Counties and Private Non-Profit Groups.

**Type of Program and Special Restrictions:** See Adult Services Program Overall.

**Action Required to Receive Aid:** See Adult Services Program Overall.

**Description of Aid:**

**On-site Rehabilitation**

The objective is to assist individuals disabled by mental illness who live in adult congregate care settings, supervised or supported living arrangements to achieve their treatment and community living rehabilitation goals. Services include one or a combination of: (1) consumer self-help and support interventions; (2) community living; (3) academic and/or social leisure time rehabilitation training and support services.

**Recreation**

A program of social, recreational, and leisure activities that are intellectually and interpersonally stimulating but which are not necessarily part of a goal-based program plan.

**Transportation**

The provision of transportation to and from facilities or resources specified in the client's individual treatment plan as a necessary part of his/her service for mental disability.

**Outreach**

Outreach programs/services are intended to engage and/or assess individuals potentially in need of mental health services. Outreach programs/services are not crisis services. Examples of applicable services are socialization, recreation, light meals, and provision of information about mental health and social services. Another type of service within this program code includes off-site, community based assessment and screening services. These services can be provided at forensic sites, a consumer's home, other residential settings, including homeless shelters, and the streets.

**Psychosocial Club**

The objective is to assist individuals disabled by mental illness to develop or reestablish a sense of self-esteem and group affiliation, and to promote their recovery from mental illness and their reintegration into a meaningful role in community life through the provision of two or more of the following: (1) consumer self-help and empowerment interventions; (2) community living; (3) academic; (4) vocational and/or (5) social-leisure time rehabilitation, training and support services.

## **ADULT SERVICES: COMMUNITY SUPPORT PROGRAM ( cont.)**

### **Advocacy/Support Services**

Advocacy/support services may be individual advocacy or systems advocacy (or a combination of both). Examples are warm lines, hot lines, teaching daily living skills, providing representative payee services, and training in any aspect of mental health services.

### **Drop-in Center**

The objective of a Drop-in Center program is to identify and engage persons who may choose not to participate in more structured programs or who might not otherwise avail themselves of mental health services, and to provide services and supports in a manner which these individuals would accept. These programs are low demand, flexible and relatively unstructured, and responsive to individual need and circumstance.

### **Bridger Services**

Bridger Services are targeted to serve individuals that are transferring from one level of mental health service to a less restrictive mental health service. The services provide supports to link consumers to appropriate community services and to ease their transition.

### **Transition Management (TM) Services**

Transition Management Services (discharge planning) programs provide support for improved community service linkages and timely filing of Medicaid applications for Seriously and Persistently Mentally Ill (SPMI) consumers being released from local correctional facilities.

### **Self Help Program**

Provides rehabilitative and support activities based on the principle that people who share a common condition or experience can be of substantial assistance to each other. These programs may take the form of mutual support groups and networks, or they may be more formal self-help organizations that offer specific educational, recreational, social or other program opportunities.

### **Compulsive Gambling**

Provides outpatient treatment to compulsive gamblers designed to reduce symptoms, improve functioning and provide ongoing support.

### **Multicultural Initiatives**

Funds will support activities related to the development and operation of outreach interventions in under-served communities and to address disparities based upon culture, ethnicity, age, or gender. Efforts by service providers will include the cultural and linguistic competence of their programs, management and staff.

### **Supported Education**

The objective of this program is to provide mental health and rehabilitation services to individuals with a serious mental illness to assist them to develop and achieve academic goals in natural and community-based educational settings.

**Amounts Appropriated and Disbursed:** This Program is appropriated as part of one or more larger lump sum appropriations each year. See Adult Services Program Overall.

## ADULT SERVICES: CRISIS SERVICES

**Objective:** Provides various services to the mentally ill and homeless mentally ill.

**Administering Agency:** NYS Office of Mental Health

**Specific Program URL:** NA

**NYS Object Code:** NA

**Year Established:** Varies

**Catalog of Federal Domestic Assistance No.:** Varies

**Legal Authority:**

**Law:** NY Mental Hygiene Law

**Regulation:** NY Codes, Rules and Regulations

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**Eligibility:** Counties and Private Non-Profit Groups.

**Type of Program and Special Restrictions:** See Adult Services Program Overall.

**Action Required to Receive Aid:** See Adult Services Program Overall.

**Description of Aid:**

**Respite Services**

Temporary services provided by trained staff in the client's place of residence or other temporary housing arrangement. Includes custodial care for a disabled person in order that primary care givers (family or legal guardian) may have relief from care responsibilities.

**Advocacy/Support Services**

Advocacy/support services may be individual advocacy or systems advocacy (or a combination of both). Examples are warm lines, hot lines, teaching daily living skills, providing representative payee services, and training in any aspect of mental health services.

**Non-Inpatient Crisis Services**

Any activities in a non-inpatient setting, including the residence of the client, that address acute emotional distress when the client's condition requires immediate attention.

**Crisis Residence**

A licensed residential (24 hours/day) stabilization program, which provides services for acute symptom reduction and the restoration of patients to pre-crisis level of functioning. These programs are time limited for persons until they achieve stabilization (generally up to 30 days). Crisis residences serve persons experiencing rapid or sudden deterioration of social and personal conditions such that they are clinically at risk of hospitalization but may be treated in this alternative setting.

**Inpatient Psychiatric Unit of a General Hospital**

A licensed, 24 hr. inpatient treatment program, that is jointly licensed by the New York State Office of Mental Health and the New York State Department of Health and operated in a medical hospital. Includes full-time medical, psychiatric and social services and around-the-clock nursing services for individuals with mental illness.

## ADULT SERVICES: CRISIS SERVICES ( cont.)

### **CPEP Crisis Beds**

A residential (24 hour/day) stabilization component of the CPEP, which provides supportive services for acute symptom reduction and the restoration of patients to pre-crisis level of functioning. These programs are time limited (up to five days) for patients until they achieve stabilization. Crisis beds serve persons experiencing rapid or sudden deterioration of social and personal conditions such that they are clinically at risk of hospitalization but may be treated in this alternative setting. CPEP crisis bed services are neither funded by OMH nor Medicaid-reimbursable, but are purchases from the facility operating these beds.

### **Single Point Of Access (SPOA)**

A SPOA is a process, led by a SPOA Coordinator, that helps Local Governmental Units achieve community-based mental health systems that are cohesive and well coordinated in order to serve those individuals most in need of services. There are three types of SPOAs – Children’s, Adult Case Management and Adult Housing. The SPOA process provides for the identification of individuals most in need of services, and manages service access and utilization.

### **CPEP Crisis Outreach**

A mobile crisis intervention program which offers emergency services such as crisis intervention and/or assessment services in natural (e.g. homes), structured (e.g., residential programs), or controlled (e.g., instructional) environments.

### **CPEP Extended Observation Beds**

Beds operated by the Comprehensive Psychiatric Emergency Program which are located in or adjacent to the emergency room of a CPEP and are available 24 hours per day, seven days per week to provide extended assessment and evaluation as well as a safe and humane environment for up to 72 hours for those presenting to the CPEP.

### **Crisis Intervention**

This hospital based emergency room program has the primary objective of reducing acute symptoms and restoring patients to pre-crisis levels of functioning to the extent possible. Services include provision of triage and screening, assessment, treatment, stabilization and referral or diversion to an appropriate program.

### **Crisis Intervention**

Crisis intervention services, applicable to adults, children and adolescents, are intended to reduce acute symptoms and restore individuals to pre-crisis levels of functioning. Examples of where these services may be provided include emergency rooms and residential settings. Provision of services may also be provided by a mobile treatment team, generally at a consumer’s residence or other natural setting (not at an in-patient or outpatient treatment setting). Examples of services are screening, assessment, stabilization, triage, and/or referral to an appropriate program or programs. This program type does not include warm lines or hot lines. Use Advocacy/Support 1760 for such services. This program code should **not be used for services that are provided** by a licensed outpatient program.

**Amounts Appropriated and Disbursed:** This Program is appropriated as part of one or more larger lump sum appropriations each year. See Adult Services Program Overall.

## ADULT SERVICES: EMPLOYMENT

**Objective:** Provides various services to the mentally ill and homeless mentally ill.

**Administering Agency:** NYS Office of Mental Health

**Specific Program URL:** NA

**NYS Object Code:** NA

**Year Established:** Varies

**Catalog of Federal Domestic Assistance No.:** Varies

**Legal Authority:**

**Law:** NY Mental Hygiene Law

**Regulation:** NY Codes, Rules and Regulations

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**Eligibility:** Counties and Private Non-Profit Groups.

**Type of Program and Special Restrictions:** See Adult Services Program Overall.

**Action Required to Receive Aid:** See Adult Services Program Overall.

**Description of Aid:**

**Sheltered Workshop/Satellite Sheltered Workshop**

The objective is to provide vocational assessment, training, and paid work in a protective and non integrated work environment for individuals disabled by mental illness.

**Transitional Employment Placement (TEP)**

The objective is to strengthen the individual's work record and work skills toward the goal of achieving assisted or unassisted competitive employment at or above the minimum wage paid by the competitive sector employer. TEP's provide time limited employment and on the job training in one or more integrated employment settings as an integral part of the individual's vocational rehabilitation growth.

**Enclave in Industry**

The objective is to provide vocational assessment, training, and transitional or long term paid work for individuals with severe disabilities in an integrated employment environment.

**Assisted Competitive Employment**

The objective is to assist individuals in choosing, finding, and maintaining satisfying jobs in the competitive employment market at minimum wage or higher.

**Affirmative Business/Industry**

The objective is to provide vocational assessment, training, transitional or long-term paid employment, and support services for persons disabled by mental illness in a less restrictive/more integrated employment setting than sheltered workshops.

**Work Program**

The objective is to provide vocational assessment, training and transitional or long-term paid work in institutional or community job sites for individuals disabled by mental illness.

**Ongoing Integrated Supported Employment Services**

These funds are intended for ongoing job maintenance services including job coaching, employer consultation, and other relevant supports needed to assist an individual in maintaining a job placement.

**Amounts Appropriated and Disbursed:** This Program is appropriated as part of one or more larger lump sum appropriations each year. See Adult Services Program Overall.

## ADULT SERVICES: OUTPATIENT

**Objective:** Provides various services to the mentally ill and homeless mentally ill.

**Administering Agency:** NYS Office of Mental Health

**Specific Program URL:** NA

**NYS Object Code:** NA

**Year Established:** Varies

**Catalog of Federal Domestic Assistance No.:** Varies

**Legal Authority:**

**Law:** NY Mental Hygiene Law

**Regulation:** NY Codes, Rules and Regulations

**Program Contact:**

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**Eligibility:** Counties and Private Non-Profit Groups.

**Type of Program and Special Restrictions:** See Adult Services Program Overall.

**Action Required to Receive Aid:** See Adult Services Program Overall.

**Description of Aid:**

**Continuing Day Treatment**

Program provides active treatment and rehabilitation designed to maintain or enhance current levels of functioning and skills, to maintain community living and to develop self-awareness and self-esteem through the exploration and development of patient strengths and interests.

**Clinic Treatment (Adult)**

A clinic treatment program shall provide treatment designed to reduce symptoms, to improve patient functioning and to provide ongoing support.

A clinic treatment program for adults shall provide the following services: assessment and treatment planning, health screening and referral, discharge planning, verbal therapy, medication therapy, medication education, symptom management and psychiatric rehabilitation readiness determination. The following additional services may also be provided: case management, crisis intervention services, clinical support services and family treatment services.

A clinic treatment program for children shall provide the following services: assessment and treatment planning, verbal therapy, symptom management, health screening and referral, medication therapy, medication education, clinical support services and discharge planning.

**Partial Hospitalization**

A partial hospitalization program provides active treatment designed to stabilize and ameliorate acute symptoms, to serve as an alternative to inpatient hospitalization, or to reduce the length of a hospital stay within a medically supervised program.

**Intensive Psychiatric Rehabilitation Treatment (IPRT)**

The program is time-limited, with active psychiatric rehabilitation designed to assist a patient in forming and achieving mutually agreed upon goals in living, learning, working and social environments; to intervene with psychiatric rehabilitation technologies, to overcome functional disabilities and to improve environmental supports.



**ADULT SERVICES: OUTPATIENT ( cont.)**

**Comprehensive PROS With Clinic**

Personalized Recovery Oriented Services (PROS) is a comprehensive recovery oriented program with integrated services for individuals with severe and persistent mental illness. Services include community rehabilitation and support; intensive rehabilitation; vocational support and clinical treatment.

**Comprehensive PROS Without Clinic**

Personalized Recovery Oriented Services (PROS) is a comprehensive recovery oriented program with integrated services for individuals with severe and persistent mental illness. Services include community rehabilitation and support; intensive rehabilitation; and vocational support.

**Limited License PROS**

Personalized Recovery Oriented Services (PROS) is a comprehensive recovery oriented program with integrated services for individuals with severe and persistent mental illness. Services include vocational support and intensive rehabilitative services.

**Amounts Appropriated and Disbursed:** This Program is appropriated as part of one or more larger lump sum appropriations each year. See Adult Services Program Overall.

## ADULT SERVICES: RESIDENTIAL

**Objective:** Provides various services to the mentally ill and homeless mentally ill.

**Administering Agency:** NYS Office of Mental Health

**Specific Program URL:** NA

**NYS Object Code:** NA

**Year Established:** Varies

**Catalog of Federal Domestic Assistance No.:** Varies

**Legal Authority:**

**Law:** NY Mental Hygiene Law

**Regulation:** NY Codes, Rules and Regulations

**Program Contact:**

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E-Mail: NA

**Eligibility:** Counties and Private Non-Profit Groups.

**Type of Program and Special Restrictions:** See Adult Services Program Overall.

**Action Required to Receive Aid:** See Adult Services Program Overall.

**Description of Aid:**

**Supported/Single Room Occupancy (SP-SRO)**

A single-room occupancy residence which provides long term or permanent housing in a setting where residents can access the support services they require to live successfully in the community. Front desk coverage is provided 24 hours per day. Mental health service supports are provided either by SP-SRO staff or non-residential service providers in accordance with a service plan developed jointly by the provider and resident.

**Supported Housing Community Services**

The objective of the program is to assist individuals in locating and securing housing of their choice and in accessing the supports necessary to live successfully in the community.

**Treatment/Congregate**

A group-living designed residential program which focuses on interventions necessary to address the specific functional and behavioral deficits which prevent residents from accessing generic housing. These interventions are goal-oriented, intensive, and usually of limited duration. Staff is on-site 24 hours/day.

**Support/Congregate**

A single-site residential program which provides support designed to improve or maintain an individual's ability to live as independently as possible and eventually access generic housing. Interventions are provided consistent with the resident's desire, tolerance and capacity to participate in services. Staff is on-site 24 hours/day.

**Treatment/Apartment**

An apartment-based residential program which focuses on interventions necessary to address the specific functional and behavioral deficits which prevent residents from accessing generic housing.

**Support/Apartment**

An apartment-based residential program which provides support designed to improve or maintain an individual's ability to live as independently as possible, and eventually access generic housing. Interventions are provided consistent with the resident's desire, tolerance, and capacity to participate in services.

**ADULT SERVICES: RESIDENTIAL (cont.)**

**Community Residence/Single Room Occupancy (SRO)**

The program is targeted specifically to the homeless mentally ill. Within the SRO, residents have the option of receiving some mental health services, but are not required to do so. Additional mental health services are available to SRO residents within the community on an as needed basis.

**Amounts Appropriated and Disbursed:** This Program is appropriated as part of one or more larger lump sum appropriations each year. See Adult Services Program Overall.

## CHILDRENS SERVICES PROGRAM OVERALL

**Objective:** Provides various services to seriously emotionally disturbed children and adolescents and their families.

**Administering Agency:** NYS Office of Mental Health

**Specific Program URL:** NA

**NYS Object Code:** Varies

**Year Established:** Varies

**Catalog of Federal Domestic Assistance No.:** Varies

**Legal Authority:**

**Law:** NY Mental Hygiene Law

**Regulation:** NY Codes, Rules and Regulations

**Program Contact:**

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 E-Mail: NA

**Eligibility:** Counties and Private Non-Profit Groups.

**Type of Program and Special Restrictions:** Optional, but once chosen subject to mandated State and Federal requirements. Funds must be expended in accordance with approved contract/approval letter and budget. If program is funded with Federal block grant funds, those funds cannot be used for: inpatient services; the purchase or improvement of land; the purchase or construction of buildings; the purchase of major medical equipment; to satisfy any requirement of the expenditure of non-governmental funds as a condition for the receipt of Federal funds; or for financial assistance to any entity other than a public or non-profit private corporation.

**Action Required to Receive Aid:** Application for aid required.

**Description of Aid:**

**Flow of Funds:** Federal to State to Local; State to Local. Monies are provided in advance and/or as a reimbursement.

**Type of Aid:** NA

**Formula:** Varies for program service delivered.

**Matching Requirement:** For certain funds.

**Maintenance of Effort:** For certain funds.

**Amounts Appropriated:**

	<u>Federal Funds*State General Funds</u>		<u>State Spec. Rev.</u>
SFY 04-05	7,835,000	152,235,200	18,600,000
SFY 05-06	7,835,000	155,956,000	18,151,000
SFY 06-07	7,835,000	189,402,700	16,073,000

**Amounts Disbursed:**

	<u>Federal Funds*State General Funds</u>		<u>State Spec. Rev.</u>
SFY 04-05	7,835,000	150,117,300	18,600,000
SFY 05-06	7,835,000	152,877,780	18,151,000

\*Amounts appropriated and disbursed are from multi-year Federal grants, portions of which involve capital funding which can be disbursed over a seven year period.

## CHILDRENS SERVICES: CASE MANAGEMENT

**Objective:** Provides various services to seriously emotionally disturbed children and adolescents and their families.

**Administering Agency:** NYS Office of Mental Health

**Specific Program URL:** NA

**NYS Object Code:** NA

**Year Established:** Varies

**Catalog of Federal Domestic Assistance No.:** Varies

**Legal Authority:**

**Law:** NY Mental Hygiene Law

**Regulation:** NY Codes, Rules and Regulations

**Program Contact:**

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E-Mail: NA

**Eligibility:** Counties and Private Non-Profit Groups.

**Type of Program and Special Restrictions:** See Childrens Services Program Overall.

**Action Required to Receive Aid:** See Childrens Services Program Overall.

**Description of Aid:**

**Case Management**

Activities aimed at linking a client to the service system and at coordinating the various services in order to achieve a successful outcome. The objective of case management in a mental health system is continuity of care and service. Services may include linking, monitoring and case-specific advocacy.

**Residential Treatment Facility (RTF) Transition Coordinator - Community**

This program code will be used to report approximately 25% of the costs related to RTF post-discharge case management. The NYS Office of Mental Health (OMH) is allocating resources to establish RTF Transition Coordinator staff positions to enhance the Residential Treatment Facilities' ability to ensure timely, successful discharges. RTF inpatient beds, the RTF Transition Coordinators are expected to have approximately one-fourth of their caseload in post discharge status.

**Intensive Case Management/Supportive Case Management/Blended Case Management Emergency and Non-Emergency Service Dollars**

Services consistent with a consumers treatment plan, designed to be flexible and responsible to current individual needs. These services may include emergency services, both immediate and not immediate. The emergency dollars aimed at meeting immediate basic needs of the consumer to include transportation, medical/dental care, shelter/respite/hotel, food/meals, clothing, escort and other. Service dollars may also include furnishings, utilities, tuition, job related costs, job coaching, education, vocational services, leisure time services and others. This program does not include agency administration. Agency administration costs allocated to the operating costs of this program via the Ratio Value allocation methodology are redistributed to other OMH programs in the CFR.

**Amounts Appropriated and Disbursed:** This Program is appropriated as part of one or more larger lump sum appropriations each year. See Childrens Services Program Overall.

## CHILDRENS SERVICES: COMMUNITY SUPPORT PROGRAMS

**Objective:** Provides various services to seriously emotionally disturbed children and adolescents and their families.

**Administering Agency:** NYS Office of Mental Health

**Specific Program URL:** NA

**NYS Object Code:** NA

**Year Established:** Varies

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**Eligibility:** Counties and Private Non-Profit Groups.

**Type of Program and Special Restrictions:** See Childrens Services Program Overall.

**Action Required to Receive Aid:** See Childrens Services Program Overall.

**Description of Aid:**

**School Program Co-Located with Clinic Treatment Program**

Services provided to children and adolescents with emotional/behavioral needs in a school setting in which a satellite clinic is located, as well as related supports provided to families and school staff. Services are in addition to those provided under the Clinic Treatment program. Program staff are generally also employees of the clinic and in school on a full-time basis or at minimum, half time basis. Family support staff may be employees of a local family support organization with which the program contracts. Services may be stand alone or, when the student is enrolled in the co-located clinic treatment program, coordinated with clinic treatment services. Program services include observation and assessment of children and adolescents for the purpose of determining need for mental health services; brief intervention (planned and unplanned); crisis intervention; group interventions; consultation with school staff and families; referrals to and coordination of services with other in-school or community-based providers; participation on school intervention team, Committee on Special Education, teacher or grade level teams, and other school committees dealing with the safety, health and well being of children and adolescents; collaboration with school health and social work staff; support groups for families and school faculty; classroom presentations; participation in parent/teacher conferences; participation in school events, such as parent orientations and health fairs; after school programming, and other related activities.

**School Program without Clinic**

Services provided to children and adolescents with emotional/behavioral needs in a school setting with no-onsite mental health clinic, as well as related supports provided to families and school staff. Program staff are generally in school on a full-time basis or, at minimum, half-time basis. Family support services may be provided by a local family support organization with which the program contracts. Program services include observation and assessment of children and adolescents for the purpose of determining need for mental health services; brief intervention (planned and unplanned); crisis intervention; group intervention; consultation with school staff and families; referrals to and coordination of services with other in-school or community-based providers; participation on school intervention team, Committee on Special Education, teacher or grade level teams, and other school committees dealing with the safety, health and well being of children and adolescents; collaboration with school health and social work staff; support groups from families and school faculty; classroom presentation; participation in parent/teacher conferences; participation in school events, such as parent orientations and health fairs ; after school programming, and other related activities.

## CHILDRENS SERVICES: COMMUNITY SUPPORT PROGRAMS (cont.)

### **Family Support Services (Children and Family)**

Family support programs provide an array of formal and informal services to support and empower families with children and adolescents having serious emotional disturbances. The goal of family support is to reduce family stress and enhance each family's ability to care for their child. To do this, family support programs operate on the principles of individualized care and recognizing every child and family is unique in their strengths and needs. Connecting family members to other families with children with serious emotional problems helps families to feel less isolated and identify their own strengths.

### **HCBS Waiver Individualized Care Coordination**

Services that include the components of intake and screening, assessment of needs, service plan development, linking, advocacy, monitoring, discharge planning and consultation.

### **Coordinated Children's Services Initiative**

The Coordinated Children's Services Initiative (CCSI) is an interagency initiative that supports localities in creating a system of care to provide structure and flexibility to ensure that children who are at risk of residential placement remain at home with their families and in their communities. The program exists at a local community level (Tier I), County level (Tier II), and State level (Tier III). These children are most often those with serious emotional disturbance.

**Amounts Appropriated and Disbursed:** This Program is appropriated as part of one or more larger lump sum appropriations each year. See Childrens Services Program Overall.

## CHILDRENS SERVICES: CRISIS SERVICES

**Objective:** Provides various services to seriously emotionally disturbed children and adolescents and their families.

**Administering Agency:** NYS Office of Mental Health

**Specific Program URL:** NA

**NYS Object Code:** NA

**Year Established:** Varies

**Catalog of Federal Domestic Assistance No.:** Varies

**Legal Authority:**

**Law:** NY Mental Hygiene Law

**Regulation:** NY Codes, Rules and Regulations

**Program Contact:**

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**Fiscal Contact:**

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(518) 474-5968  
E-Mail: NA

**Eligibility:** Counties and Private Non-Profit Groups.

**Type of Program and Special Restrictions:** See Childrens Services Program Overall.

**Action Required to Receive Aid:** See Childrens Services Program Overall.

**Description of Aid:**

**Respite Services**

Temporary services provided by trained staff in the client's place of residence or other temporary housing arrangement. Includes custodial care for a disabled person in order that primary care givers (family or legal guardian) may have relief from care responsibilities.

**Crisis Residence**

A licensed residential (24 hours/day) stabilization program, which provides services for acute symptom reduction and the restoration of patients to pre-crisis level of functioning. These programs are time limited for persons until they achieve stabilization (generally up to 30 days). Crisis residences serve persons experiencing rapid or sudden deterioration of social and personal conditions such that they are clinically at risk of hospitalization but may be treated in this alternative setting.

**HCBS Waiver Respite Care**

A service that provides a needed break for the family and the child to ease the stress at home and improve family harmony. It may be provided on a planned or emergency basis either in home or out of home by trained respite workers.

**HCBS Waiver Family Support**

Activities designed to enhance the ability of the child to function as part of a family unit and to increase the family's ability to care for the child in the home.

**HCBS Waiver Crisis Response**

Activities aimed at stabilizing occurrence of child/family crises where they arise.

**HCBS Waiver Skill Building**

Activities designed to assist the child in acquiring, developing and accessing functional skills and supports - both social and environmental - needed to function more successfully in the community.

**HCBS Waiver Intensive-in-Home**

Ongoing activities aimed at providing intensive interventions in the home when a crisis response service is not enough.



## CHILDRENS SERVICES: CRISIS SERVICES (cont.)

### Home-Based Crisis Intervention (HCBI)

The Home-Based Crisis Intervention Program is a clinically oriented program with support services by a MSW or Psychiatric Consultant which assists families with children in crisis by providing an alternative to hospitalization. Families are helped through crisis with intense interventions and the teaching of new effective parenting skills. The overall goal of the program is to provide short-term, intensive in-home crisis intervention services to a family in crisis due to the imminent risk of their child being admitted to a psychiatric hospital. The target population for the HCBI Program is families with a child or adolescent ages 5 to 17 years of age, who are experiencing a psychiatric crisis so severe that unless immediate, effective intervention is provided, the child will be removed from the home and admitted to a psychiatric hospital. Families referred to the program are expected to come from psychiatric emergency services.

### Single Point Of Access (SPOA)

A SPOA is a process, led by a SPOA Coordinator, that helps Local Governmental Units achieve community-based mental health systems that are cohesive and well coordinated in order to serve those individuals most in need of services. There are three types of SPOAs – Children's, Adult Case Management and Adult Housing. The SPOA process provides for the identification of individuals most in need of services, and manages service access and utilization.

### Crisis Intervention

Crisis intervention services, applicable to adults, children and adolescents, are intended to reduce acute symptoms and restore individuals to pre-crisis levels of functioning. Examples of where these services may be provided include emergency rooms and residential settings. Provision of services may also be provided by a mobile treatment team, generally at a consumer's residence or other natural setting (not at an in-patient or out-patient treatment setting). Examples of services are screening, assessment, stabilization, triage, and/or referral to an appropriate program or programs. This program type does not include warm lines or hot lines. Use Advocacy/Support 1760 for such services. This program code should **not be used for services that are provided** by a licensed outpatient program.

### CPEP Crisis Beds

A residential (24 hour/day) stabilization component of the CPEP, which provides supportive services for acute symptom reduction and the restoration of patients to pre-crisis level of functioning. These programs are time limited (up to five days) for patients until they achieve stabilization. Crisis beds serve persons experiencing rapid or sudden deterioration of social and personal conditions such that they are clinically at risk of hospitalization but may be treated in this alternative setting. CPEP crisis bed services are *neither* funded by OMH *nor* Medicaid-reimbursable, but are purchased from the facility operating these beds.

**Amounts Appropriated and Disbursed:** This Program is appropriated as part of one or more larger lump sum appropriations each year. See Childrens Services Program Overall.

## CHILDRENS SERVICES: EMPLOYMENT

**Objective:** Provides various services to seriously emotionally disturbed children and adolescents and their families.

**Administering Agency:** NYS Office of Mental Health

**Specific Program URL:** NA

**NYS Object Code:** NA

**Year Established:** Varies

**Catalog of Federal Domestic Assistance No.:** Varies

**Legal Authority:**

**Law:** NY Mental Hygiene Law

**Regulation:** NY Codes, Rules and Regulations

**Program Contact:**

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(518) 474-5968  
E-Mail: NA

**Eligibility:** Counties and Private Non-Profit Groups.

**Type of Program and Special Restrictions:** See Childrens Services Program Overall.

**Action Required to Receive Aid:** See Childrens Services Program Overall.

**Description of Aid:**

**Vocational Services Children and Family (C&F)**

The program is designed to provide work training and clinical support services for those older adolescents with poor academic performance and social adjustment in regular day treatment programs.

**Amounts Appropriated and Disbursed:** This Program is appropriated as part of one or more larger lump sum appropriations each year. See Childrens Services Program Overall.

## CHILDRENS SERVICES: OUTPATIENT

**Objective:** Provides various services to seriously emotionally disturbed children and adolescents and their families.

**Administering Agency:** NYS Office of Mental Health

**Specific Program URL:** NA

**NYS Object Code:** NA

**Year Established:** Varies

**Catalog of Federal Domestic Assistance No.:** Varies

**Legal Authority:**

**Law:** NY Mental Hygiene Law

**Regulation:** NY Codes, Rules and Regulations

**Program Contact:**

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(518) 474-5968  
E-Mail: NA

**Eligibility:** Counties and Private Non-Profit Groups.

**Type of Program and Special Restrictions:** See Childrens Services Program Overall.

**Action Required to Receive Aid:** See Childrens Services Program Overall.

**Description of Aid:**

**Day Treatment (Children & Adolescents)**

Day treatment services for children and adolescents provide intensive, non-residential services. The programs are characterized by a blend of mental health and special education services provided in a fully integrated program. Typically, these programs include special education in small classes with an emphasis on individualized instruction, individual and group counseling, family services such as family counseling, crisis intervention, interpersonal skill development and behavior modification. Children and adolescents receiving day treatment services live at home or in the community but are identified by their school district as seriously emotionally disturbed and cannot be maintained in regular classrooms.

**Children and Youth (C&Y) Clinic Treatment**

A clinic treatment program serves children with a diagnosis of serious emotional disturbance and provides treatment designed to reduce symptoms, to improve patient functioning while maintaining children in their natural environments, supporting family integrity and functioning and providing ongoing support to the patient and relevant collaterals during treatment. A clinic treatment program for children shall provide the following services: assessment and treatment planning, verbal therapy, symptom management, health screening and referral, medication therapy, medication education, clinical support services and discharge planning. Services may also include case management and crisis intervention services.

**Amounts Appropriated and Disbursed:** This Program is appropriated as part of one or more larger lump sum appropriations each year. See Childrens Services Program Overall.

## CHILDRENS SERVICES: RESIDENTIAL

**Objective:** Provides various services to seriously emotionally disturbed children and adolescents and their families.

**Administering Agency:** NYS Office of Mental Health

**Specific Program URL:** NA

**NYS Object Code:** NA

**Year Established:** Varies

**Catalog of Federal Domestic Assistance No.:** Varies

**Legal Authority:**

**Law:** NY Mental Hygiene Law

**Regulation:** NY Codes, Rules and Regulations

**Program Contact:**

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E-Mail: NA

**Eligibility:** Counties and Private Non-Profit Groups.

**Type of Program and Special Restrictions:** See Childrens Services Program Overall.

**Action Required to Receive Aid:** See Childrens Services Program Overall.

**Description of Aid:**

**Family Based Treatment Program (FBTP)**

The Family-Based Treatment Program (FBTP) treats children and adolescents who are seriously emotionally disturbed within a home environment that is caring, nurturing and therapeutic. The program employs professional parents who are extensively trained and supervised. Parents function within a well-structured system that provides respite and other types of support; additionally, they are well paid in recognition of the high levels of responsibility and expectations placed on them by the model. Under the current FBTP initiative, a single provider agency contracts with OMH to provide training, support, advocacy and supervision. The grouping of one respite couple and five professional families with one professional staff person forms the "cluster" which is the primary arena for providing professional parent supports, sharing child care data and experiences, and training. Children served in the FBTP Program are between the ages of five and 18, with the target population under 12 years of age. The children exhibit a variety of serious emotional problems.

**Residential Treatment Facility - Children and Youth**

Residential Treatment Facilities (RTF's) provide fully-integrated mental health treatment services to seriously emotionally disturbed children and youth between the ages of five and 21 years of age. These services are provided in 14-61 bed facilities which are certified by both the Office of Mental Health (OMH) and the Joint Commission on the Accreditation of Health Care Organizations (JCAHO) or Council on Accreditation (COA). RTF's are less intensively staffed than inpatient units, but provide a much higher level of services and staffing than community residences, Office of Children and Family Services (formerly the Department of Social Services) group homes, and/or child care institutions.

**Teaching Family Home**

The Teaching Family Homes are designed to provide individualized care to children and youth with serious emotional disturbances in a family-like, community-based environment. Specially trained parents live and work with four children and youth with serious emotional disturbances in a home-like setting. The teaching parents are responsible for the social education of the children and the implementation of a service plan developed in conjunction with the family and clinical service provider. The focus is on teaching the youth to live successfully in a family, attend school, and live productively in the community.

**Community Residence, Children & Youth (C&Y)**

A Community Residence which provides a supervised, therapeutic environment for six to eight children or adolescents, between the ages of 5 and 18 years, that includes structured daily living activities, problem solving skills development, a behavior management system and caring consistent adult interactions. Most often, needed clinical supports for the child and family are provided by community-based services.

**Amounts Appropriated and Disbursed:** This Program is appropriated as part of one or more larger lump sum appropriations each year. See Childrens Services Program Overall.

## TECHNICAL ASSISTANCE

**Objective:** Assists local governments and eligible providers in planning for and providing quality mental health services in compliance with individual program requirements.

**Administering Agency:** NYS Office of Mental Health

**Specific Program URL:** NA

**NYS Object Code:** NA

**Year Established:** NA

**Catalog of Federal Domestic Assistance No.:** NA

**Contacts:**

Central Office - (518) 474-0122

New York City Field Office - (212) 675-3803

Bronx Children's Psychiatric Center - (718) 239-3600

Bronx Psychiatric Center - (718) 931-0600

Creedmoor Psychiatric Center - (718) 464-7500

Kingsboro Psychiatric Center - (718) 221-7700

Manhattan Psychiatric Center - (646) 672-6000

New York State Psychiatric Institute - (212) 543-5000

Queens Children's Psychiatric Center - (718) 464-2900

South Beach Psychiatric Center - (718) 667-2300

Field Office at Hutchings PC - (315) 472-2093

Binghamton Psychiatric Center - (607) 724-1391

Mohawk Valley Psychiatric Center - (315) 797-6800

Richard H. Hutchings Psychiatric Center - (315) 473-4980

St. Lawrence Psychiatric Center - (315) 393-3000

Field Office at Pilgrim PC - (631) 761-2508

Pilgrim Psychiatric Center - (631) 761-3500

Sagamore Children's Psychiatric Center - (631) 673-7700

Field Office at Buffalo PC - (716) 885-4219

Buffalo Psychiatric Center - (716) 885-2261

Elmira Psychiatric Center - (607) 737-4739

Rochester Psychiatric Center - (585) 473-3230

Western New York Children's Psychiatric Center - (716) 674-9730

Field Office at Hudson River PC - (845) 454-8229

Capital District Psychiatric Center - (518) 447-9611

Hudson River Psychiatric Center - (845) 452-8000

Middletown Psychiatric Center - (845) 342-5511

Nathan S. Kline Institute for Psychiatric Research - (845) 398-5500

Rockland Children's Psychiatric Center - (845) 359-7400

Rockland Psychiatric Center - (845) 359-1000

Forensic Facilities

Central New York Psychiatric Center - (315) 736-8271

Kirby Forensic Psychiatric Center - (646) 672-6000

Mid-Hudson Psychiatric Center - (845) 374-3171

**Eligibility:** Local Governments and Eligible Providers.

**Action Required to Receive Aid:** On request.

**Description of Aid:**

Technical assistance is provided for all agency programs as well as in areas such as quality assurance and planning. Funding for such technical assistance is made available, as appropriate, within the individual program resources or by use of personnel funded under the state purposes portion of the budget. Local governmental units and other eligible providers of mental health services should contact the appropriate OMH Field Office (listed above) to arrange for technical assistance.